



**Midwest Regional Clinic | April 17-18, 2009**  
**Hosted by Knox College · Galesburg, IL**

**Cost: \$30 per coach/ \$35 at the Door | Schedule and Accommodations**

### SCHEDULE

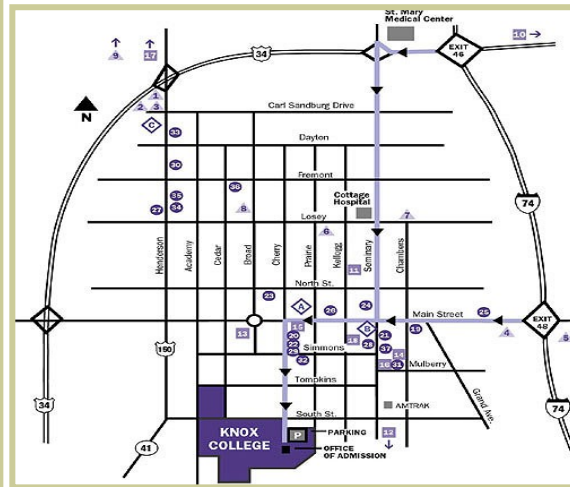
#### Friday, April 17

- 5:00– 5:45pm Registration and Pizza
- 5:45– 6:00pm Welcome by Kevin Krausz, Knox College
- 6:00– 7:10pm Chad Eisele, Knox College  
“Toss Game and Beyond: Utilizing the Toss and Its Compliments”
- 7:15– 8:25pm Chad Musselman, Villa Grove HS,  
“Installing the Flexbone System and the Roll Out Package”
- 8:30– 9:40pm Denny Diericx, Rockton Hononegah HS,  
“The Midline Double Option and Scheme Variations”
- 9:40– 10:30pm Rooms available to X & O
- 10:00– Coaches Social Hour  
Crappy’s Sports Pub, 441 E. Main St.

#### Saturday, April 18

- 8:00– 8:30am Donuts and Coffee
- 8:30– 9:40am Andy Bitto, Carmel (Mudelein) HS  
“Perimeter Blocking the Carmel Way”
- 9:45– 10:55am Rob Zeitman, Northview HS  
“Preparing the Option Quarterback”
- 11:00– 12:10pm Ron Ernst, Ripon College  
“Defending the Option from the 3-3”
- 12:20-1:30pm Rick Johns, Belleville West HS  
“Attacking the 3-3 Defense”
- 1:30-2:00pm Rooms available to X & O

### Accommodations



1. Comfort Inn  
907 W. Carl Sandburg Dr.  
309-344-5445
2. Country Inn and Suites  
2284 Promenade Ct.  
309-344-4444
3. Fairfield Inn  
901 W. Carl Sandburg Drive  
309-344-1911
4. Holiday Inn Express  
2285 Washington St.  
309-343-7100
5. Best Western Prairie Inn  
260 S. Soangetaha Rd.  
309-343-7151

For further information contact Kevin Krausz  
[kkrausz@knox.edu](mailto:kkrausz@knox.edu)

Parking is available as mentioned above or at 199 E. Knox St. (Fieldhouse). The location of clinic TBA, depending on number or registrants.



**Getting to Knox:**

From the North: I 74 East. Exit #48 Main St. turn right. Follow Main to Prairie, left on Prairie

From South: I 74 West. Exit #48A Main St. Follow Main to Prairie, left on Prairie

Driving: For more driving directions, visit: <http://www.knox.edu/bycar.xml>

**Airport Information:**

Peoria (PIA): Approximately 60 min. south of Galesburg.

Quad Cities– Moline (MLI): Approximately 60 min. north of Galesburg

Train: Galesburg’s train station is conveniently located 5 blocks from campus and runs back and forth from Chicago 3 times daily. Car rental available through Enterprise . Visit [www.amtrak.com](http://www.amtrak.com) for further information on train travel.

**Cost: \$30 per coach/ \$35 at the Door | Registration**

Coach \_\_\_\_\_ School \_\_\_\_\_ Phone \_\_\_\_\_

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Coach \_\_\_\_\_ School \_\_\_\_\_ Phone \_\_\_\_\_

Number of coaches \_\_\_\_\_ x \$30.00 = Total Due \$ \_\_\_\_\_ (\$35 for Registration at the Door)

Make check payable to: **Knox College Flexbone Clinic**

Send payment to Knox College, Kevin Krausz, Box K-226, 2 E. South St., Galesburg, IL 61401